

# Inclusive education – family support program in Warsaw

# Why supporting families and inclusive education are combined?

- Most families have challenges and need psychoeducation or support at some point,
- Inclusive education is for all children, we avoid stigmatization,
- Good relationships help to prevent risky behavior and are necessary to cope with difficulties,
- Children and adolescents need to learn in a neutral place, free from pressure, outside of school.









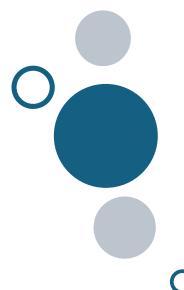
#### Family support approach

#### **Universal approach**

- Day care and nursery for children up to 3 years old
- After school care centers and youth clubs
- FabLabs
- Family counseling centers

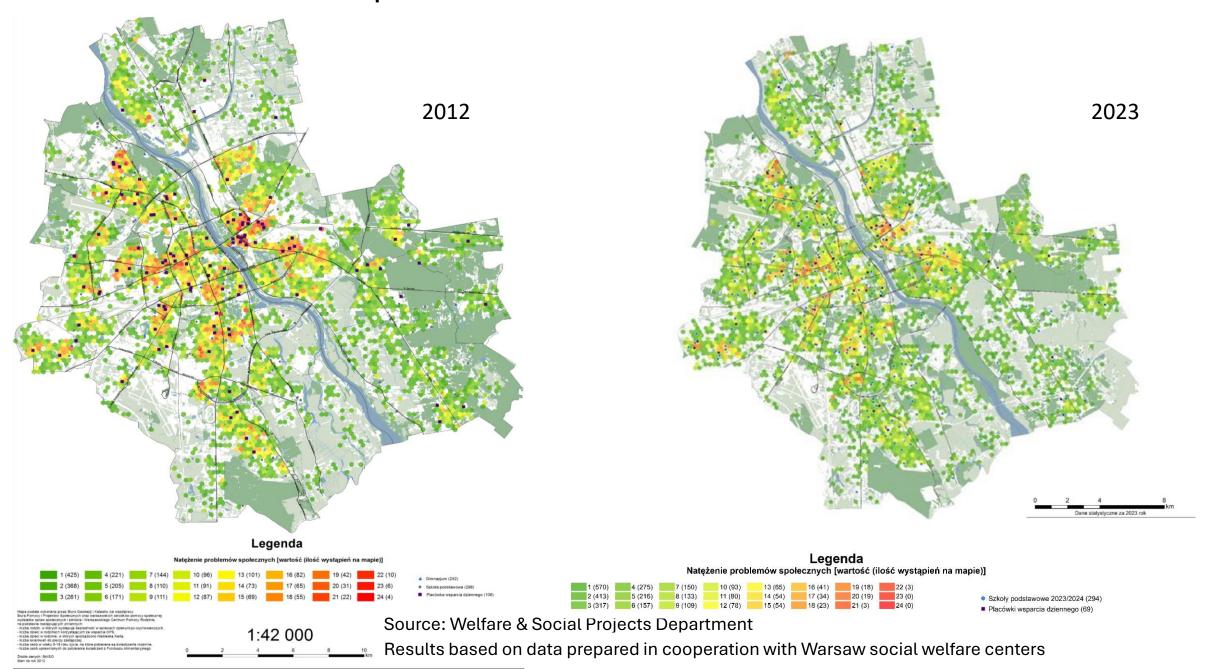
#### **Targetted approach**

- Local Support Systems
- Specialist services
- Family assistant





## Accumulation of social problems in families with children



#### Day care centers

- The group co-creates its centre,
- Emotional and social skills, life experience,
- Relationship with safe adults,
- Support in education achievements,
- Professional diagnosis and personalized specialist suport,
- Individual & group activities, trips, camps,
- Healthy meals,
- Addiction and violence prevention,
- Intercultural education and mediation.











#### **Fablabs**

- Own projects, ideas and exploring different fields,
- Expert suport and skill sharing,
- Fablab Wbijaj carpentry, furniture creation and renovation, and recycling,
- FabLab Kamera Akcja a professional film studio
- FabLab Pobite gary recording and rehearsal studio for musicians,
- ArtLab art and craft,
- FabLab Czacha Dymi –sciences and new technologies,
- CookLab cooking and eating meals together, local specialties, e.g. pyzy.



37 200 users







## Local Support Systems (0-6, 6-18, 15-26)

- Consortiums of local institutions and NGOs,
- Comprehensive, long-term assistance where social problems accumulate,
- Help with school education, psychoeducation,
- Support from various professionals,
- Individual and group activities,
- Education for staff and parents,
- Support for 360 youth and adolescents (15-26) in revitalised areas







## Family counseling centers

- Professional psychological counseling in difficult family situations such as:
  - family crises,
  - marital conflicts,
  - difficulties in raising children,
  - problems related to entering the next stage of life,
  - relationship breakdown or other types of losses.
- Psychoeducation workshops.



1 343 persons

1400 h counseling 1 300 h groups







# Thank you